

## *Oshi* is my life

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When you wake up in the morning, what do you think? Maybe you think about meeting your friends and co-workers, or maybe you think “I don’t want to go to the office today.” I think there are many positive and negative thoughts that we have in the morning.

In my case, I never want to wake up and think “I want to commit suicide”, but many people do think this. Japan has one of the highest suicide rates in this world. A few years ago, I was depressed, but I have recovered a little now. Why do you think I recovered? I think it’s because I have many *oshi*. Do you know what *oshi* is? When I asked my friend this question. She immediately said “*Oshi* is your reason to live.” I agree with that. In addition, I believe you can make yourself happy if you have an *Oshi*.

For a long time, I was hooked on the internet. I experienced many things. For example, I went to Nagoya to stay at an internet friend’s house for about a week. And I hang out with many internet friends. I made many internet friends. However, although it was sometimes fun, sometimes got into arguments-people get very angry on the internet! And there was a big hole in my life. What do you think it is? It is a problem I had I fell in love too easily, and I fell in love with many people on the internet. It was quite bad for me, and I became so depressed that I was unable to leave my house. I found it very difficult to do even simple things like take a bath and go shopping. I stayed up late at night and slept until lunch time. That time was very painful, and I suffered a lot-I never experienced it again.

Nowadays, I feel like I have reason why I want to live. I met an *oshi*, her name is Llu. She is 19 years old. I like her because she has her own clear sense of self, and she is a hard worker. I met her on the internet when I was a freshman-I joined her LINE group, but I could not talk to the group members. Eventually I left the group, but then she invited me to call her on the phone. When I heard her voice on the phone she was already crying, but she said, “This was just a bout of illness, so you don’t need to worry about me. I got to know from this conversation. She had a mental illness, so she had to give up her dream. I was also shocked because she attempted suicide in high school and then quit school. When I heard this, I thought that I want to run a company and get rich so I can help her. But now she works in a Girls Bar-she gets on well with that and makes good money.

One time, I send her a message saying, “I wanted to commit suicide” and she replied asking “Do you think that when you see my photos and videos? I almost cried. I think that her words, and making dream come true together with Llu will keep me alive. I always look

up her Instagram and grin with delight. On the other hand, I sometimes do not want to check her activity because I get jealous. Jealousy is very unsafe, and it makes people into demons.

In conclusion, many people are lonely today, and they want to give up on their life. But if you have an *oshi*, then your *oshi* will give you happiness, and your life will regain its sparkle. My life definitely changed when I met Llu. However, Llu recently said that she might commit suicide now, so I am going to help her like she helped me. I would like to pass on a word of wisdom “I am just happy that *oshi* is alive.