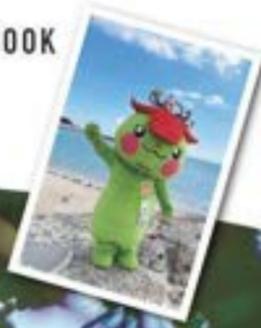
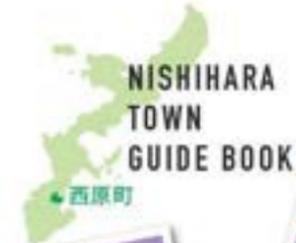


NISHIHARA  
TOWN

# 西原町

Guide Book



きらりと光る  
西原らしさ探しの旅へ

*The sparkling journey to discover Nishihara*



# 西原ってこんな町

This is Nishihara!

Nishihara Town, located on the east coast of central Okinawa, is an attractive place rich in nature. It preserves traditional events and culture across generations and is also known as an “educational town” with many schools and facilities.



- 那覇空港から西原町までの所要時間
- 那覇空港から車で約30分
- モノレールとバスを乗り継ぐ場合  
那覇空港駅→てだこ浦西駅 約40分  
てだこ浦西駅→西原町役場 約15分

Travel time from Naha airport to Nishihara Town:

- About 30 mins by car from Naha airport
- Travelling by monorail and bus:  
Naha airport→Tedako-Uranishi Sta About 40 mins  
Tedako-Uranishi Sta→Nishihara Town Hall About 15 mins



## contents

- 01 Contents
- 02 Enjoy Okinawa soba in Nishihara
- 04 Lunch spots in Nishihara
- 06 Enjoy cafe time in Nishihara
- 08 Enjoy world cuisine in Nishihara
- 09 Enjoy the night here in Nishihara
- 10 Desserts & pastries in Nishihara
- 12 Nishihara is the place for Okinawa tofu!
- 14 New sightseeing spots in Nishihara Sawafuji Marche
- 16 Enjoy activity at Marine Park in Nishihara
- 18 Spots to have fun in Nishihara
- 20 Visiting historic sites in Nishihara
- 22 Enjoy all the highlights of Nishihara in half a day! Model Course
- 26 Festivals & traditional performing arts in Nishihara
- 28 Top souvenirs from Nishihara
- 30 Specialty products of Nishihara
- 32 Nishihara Map



※This information regarding opening hours and days off may change. Please confirm directly before visiting

# 西原町で沖縄そばを満喫！ Enjoy Okinawa soba in Nishihara!

Nishihara Town has many famous Okinawa soba restaurants loved by locals. Here are some restaurants that are very popular with locals.



## ノマクロ Noma Closet

A stylish Okinawa soba restaurant like a café has opened! Try the signature dish "Nomakuro Soba," featuring a rich pork bone-based broth topped with Nishihara's *yushi* tofu, soft bone *soki*, and *tebichi*

☎080-6489-7987

**Address:** 562-6 Onaga, Nishihara  
**Hours:** 11:00 a.m. -5:00 p.m.  
(Soba is served until 3:00 p.m.)  
**Saturday:** 11:00 a.m. -3:00 p.m.  
4:00 p.m. -10:00 p.m.  
**Closed:** Thursdays & Sundays  
**Instagram:** @\_nomacloset\_



## About Nishihara /



A relaxed and good environment makes it a very comfortable place to live

Owner: Kuninaka



## そば処 よもぎ家 Yomogiya Soba

The smooth and chewy homemade noodles are truly addictive! The "Yomogi soft bone *soki*" features noodles mixed with homegrown mugwort, large pieces of *soki*, and a flavorful broth that you won't be able to stop eating.

☎098-944-3232

**Address:** 74-4 Morikawa, Nishihara  
**Hours:** 11:00 a.m. - 3:00 p.m.  
**Closed:** Mondays & Sundays  
**Instagram:** @yomogiya\_okinawa



## About Nishihara /



For fresh local vegetables, head to Sawafuji Marche!

Owner: Kinjo



## 本家 亀そば うん玉店 Honke Kame Soba Utama

This long-established soba shop serves traditional Okinawa soba and set meals. The "Kame soba" features a rich broth made from Agui pork bones, topped with thick slices of pork belly and tender soft bone *soki*: a truly satisfying bowl.

☎098-882-0700

**Address:** 173-1 Ikeda, Nishihara  
**Hours:** 10:30 a.m. - 8:30 p.m.  
(L.O. 8:00 p.m.)  
**Closed:** New year holiday



## About Nishihara /



Having a BBQ with family and friends at Kirakira beach is the best!

Staff: Kino



## 沖縄そば エッチャン Okinawa Soba Etchan

The "soft bone *soki* soba" features a gentle bonito broth topped with large, tender *soki*. Many regulars come to see the cheerful Etchan, and you can enjoy plenty of complimentary mugwort.

☎098-800-2765

**Address:** 2-29-11 Uehara, Nishihara  
**Hours:** 11:00 a.m. - 16:00 p.m.  
**Closed:** Monday & Tuesday



## About Nishihara /



The vast forest of Ryukyu University always brings me peace of mind.

Owner: Yonamine



## 沖縄そば ちょーでーぐあ Okinawa Soba Chodegwa

You can enjoy seven types of homemade noodle, including thin, thick, and squid ink noodles. The light yet rich broth made from bonito and kelp goes perfectly with the chewy noodles.

☎098-882-8215

**Address:** Goya, Nishihara  
**Hours:** 11:00 a.m. -3:00 p.m.  
**Weekends & Holidays:** 10:00 a.m. - 4:00 p.m.  
**Closed:** Mondays  
(if Monday is a public holiday, closed the following Tuesday)



## About Nishihara /



Nishihara town has the most noodle factories in Okinawa. It's the best place to enjoy delicious Okinawa soba.

Owner: Matayoshi

# 西原町のランチスポット

## Lunch spots in Nishihara

老舗を中心に人気店など、地元客からも愛され支持され続ける西原町のランチスポット

### まちだ食堂 Machida Restaurant

Established about 45 years ago, this friendly diner is popular for its home-style dishes. The garlic-flavored “Whole Roasted Chicken” is especially popular.

☎098-945-9752

Address: Rich Plaza Bibi 2-E, Onaga, Nishihara  
Hours: 11:30 a.m. - 3:00 p.m.  
Closed: Sundays & holidays  
Instagram: @machida\_shokudou



#### About Nishihara /

From Uehara Hilltop Park, you can enjoy panoramic views of the East Coast and Pacific Ocean.

Owner: Machida



### みすぶた家 Misubutaya

The owner says, “We want you to enjoy as much meat as you like without holding back.” The weekday-only “Misubuta Lunch” is served with rice and soup.

☎098-944-3229

Address: 802 Gaja, Nishihara  
Hours: Weekdays 11:00 a.m. - 3:00 p.m.  
6:00 p.m. - 12:00 p.m.  
Weekends 5:00 p.m. - 12:00 p.m.  
Closed: Thursdays  
Instagram: @miz.ubuta



#### About Nishihara /

It's easy to stop by from Naha or Chatan, and the nearby highway entrance makes it very convenient.

Owner: Chinen



### ステーキハウス ビッグハート西原店 Big Heart Steakhouse

This steakhouse has five locations across the prefecture. The “Special Steak” is tender yet firm, packed with flavor, and juices burst with every bite. Even the extra-large 300 grams can be easily enjoyed.

☎098-946-3557

Address: 2F 639 Onaha, Nishihara  
Hours: 11:00 a.m. - 8:45 p.m. (L.O. 8:00 p.m.)  
Closed: Tuesdays



#### About Nishihara /

San-A Nishihara City is convenient, and I often go there for shopping

Owner: Kuwae



### 食堂やまびこ Yamabiko Restaurant

Established in 1974, this long-standing restaurant has been loved by locals for 50 years. Among its many set meals, the classic “Champon” remains the most popular: hearty and definitely worth trying.

☎098-944-2068

Address: 1-1-3 Tanabaru, Nishihara  
Hours: 11:00 a.m. - 2:30 p.m. (L.O. 2:00 p.m.)  
Closed: Sundays  
https://yamabikoshokudou.ti-da.net/



#### About Nishihara /

A town with many lively children and abundant nature

Owner: Micchan



### 支那そばかでかる Shina Soba Kadekaru

A popular restaurant with many loyal fans. The “Shina Soba Ajitama Wonton Noodles” features a rich Japanese-style broth with a fragrant seafood aroma, topped with two types of juicy wontons – pork and shrimp – for a wonderful bowl.

☎098-946-1775

Address: 2-11-1 Uehara, Nishihara  
Hours: 11:00 a.m. - 9:00 p.m. (L.O. 8:30 p.m.)  
Open year round  
Instagram: @shinasobakadekaru



#### About Nishihara

It's easy to go to anywhere!

Stuff: Akamine

## 西原町で人気の ラーメン店

Popular ramen spots in Nishihara

A ramen shop in Nishihara filled with the owner's dedication that keeps fans coming back.



### シヨウチンタンラーメン 西原店 塩清湯ラーメン TAKANE 西原店

Shio Chintan Ramen TAKANE Nishihara  
The interior of the shop has a café-like atmosphere. The recommended “Shio Chintan Noodles” is the restaurant's signature dish: easy to enjoy and very popular among women and families.



☎070-9048-7729

Address: 150-2 Tunahana, Nishihara  
Hours: Tue, Wed 11:00 a.m. - 3:00 p.m.  
Fri, Sat, Sun & Mon 11:00 a.m. - 9:00 p.m. Closed: Thursdays, 3:00 p.m. - 5:00 p.m. on Mondays & Fridays  
Instagram: @takane\_nishihara



#### About Nishihara /

I've been into “Sacrea” from the cake shop Coupuru lately.

Owner: Kuniyoshi

# 西原町でカフェ時間を 楽しむ。

Enjoy cafe time in Nishihara.

ロケーションが素敵なお店からオリジナルメニューが人気のお店まで、西原町で一度は訪れてみたいおすすめのカフェをご紹介します。

We'll introduce a variety of cafes, from those with great locations to those popular for their original menus.



## サンドムーン Sandmoon

A scenic rooftop café located away from the busy city area. Popular for its photogenic and hearty dishes like acai bowls and sandwiches.

☎050-8892-8300

Address: 4F TAIRYOU Bldg 1009-1 Kochi, Nishihara  
Hours: 10:00 a.m. - 6:00 p.m.  
9:00 a.m. - 7:00 p.m. (Sat, Sun & holidays)  
Closed: No set day off  
Instagram: @sandmoon\_cafe



### About Nishihara /



Nishihara Town residents are kind! Neighborhood relationships are fun!

Owner: Nohara

## ムーンテラスカフェ Moon Terrace Cafe

A relaxing café across from Kirakira Beach where everyone can unwind. It's popular among regulars who come for "Creamy Garlic Shrimp."

☎098-882-8578

Address: 22-3 Agarizaki, Nishihara, Moon Terrace Agarizaki B bldg.  
Hours: Mon-Thu 11:30 a.m. - 3:30 p.m. (Lunch) / 3:30 p.m. - 5:30 p.m. (Café) Fri-Sun & holidays: 11:30 a.m. - 3:30 p.m. (Lunch) / 3:30 p.m. - 6:00 p.m. (Café) / 6:00 p.m. - 9:00 p.m. (Dinner)  
Instagram: @moon\_terrace\_cafe



### About Nishihara /



There is a beach and a park. It's good for walking.  
Owner: Kataoka



## プラスガーデンカフェ Plus Garden Cafe

At this café run by a houseplant shop owner, you can enjoy hearty salads and sandwiches packed with nutrients. The healthy and delicious salads satisfy both body and mind, and the Getto Chiffon cake is recommended for dessert.

☎098-944-1035

Address: 237-1 Onaga, Nishihara  
Hours: 11:00 a.m. - 4:00 p.m. (L.O. 3:00 p.m.)  
Closed: Thursdays  
Instagram: @plusgardencafe.okinawa



### About Nishihara /



In the early morning, walking along Kirakira Beach feels wonderful.  
Owner: Kina



## テント cafe BlueRing Tent Cafe BlueRing

A hidden café in a quiet residential area, familiar to those in the know. The most popular dish, part of their Okinawa camp-style menu, is the roast pork finished right before your eyes.

☎098-988-4022

Address: 996-1 Kochi, Nishihara  
Hours: 8:00 a.m. - 3:00 p.m.  
Closed: Sun & Mon  
Instagram: @tent\_cafe\_bluering



### About Nishihara /

It's easy to access from both the southern and central areas.

Owner: Hibari



# Enjoy world in Nishihara

## トルコ ロカンタ ケレベッキ Turkish Restaurant Kelebek

The owner opened this Turkish restaurant after falling in love with Turkey while traveling as a student. He buys spices and herbs from Turkey and makes real homemade dishes. Kebabs and bean dishes are very popular.



About Nishihara /  
Because there are universities nearby, you get the sense of a college town.

Owner: Koshita



☎098-944-4747

Address: 558-2-101 Onaga, Nishihara  
Hours: 11:30 a.m. - 3:00 p.m. (L.O 2:30 p.m.)  
6:00 p.m. - 10:00 p.m. (L.O 9:00 p.m.)  
Closed: Wed  
<https://r.gnavi.co.jp/>



map

## caféすむな一か Café Sumunaka

In this retro and cozy restaurant, you can enjoy Asian dishes from Vietnam and Thailand. The "Asian Plate," which includes fried spring rolls, red curry, gapao rice, and beef pho, is very popular.



About Nishihara /  
I like going to Kirakira Beach on my days off.

Owner: Nakatani



☎098-880-6141

Address: 81-4 Kadekaru, Nishihara  
Hours: 9:00 a.m. - 6:00 p.m.  
Instagram: @cafe.sumuna\_ka



map

## カフェ&Bar デシール Cafe & Bar Decir

This restaurant serves Peruvian food and *empanadas*, fried bread with fillings loved in Latin America. You can enjoy them with local or Okinawan craft beer in a lively atmosphere.



About Nishihara /  
I like going to the beach at night to walk and talk with my friends.

Owner: Yara



☎080-7985-8175

Address: 1-21-2 1F Uehara, Nishihara  
Hours: 11:00 a.m. - 3:00 p.m.  
5:00 p.m. - 11:00 p.m.  
Closed: Mon, Tue  
Instagram: @decir\_okinawa



map

# Enjoy the night here in Nishihara

## Foods&Bar月ノ音 Foods & Bar Tsuki-no-Oto

This bar is known for its rare craft gin and tasty homemade dishes. It offers about 17 kinds of gin with unique aromas. The "Okinawan okara porridge" made with okara, chicken, and mozuku is a great match for the drinks.



About Nishihara /  
I recommend the view from Uehara Hill park.

Owner: Arakaki



☎098-944-2308

Address: 2-22-8 Uehara, Nishihara  
Hours: 6:00 p.m. - 12:00 p.m.  
Closed: Sun, Mon  
Instagram: @bar\_tsukinooto



map

## Hide out Bar 五煌 Hide-Out-Bar Goko

This bar looks like a "bad guys' hideout," so it may seem hard to enter. But once inside, friendly staff welcome you. They serve many kinds of beer, cocktails, and food — from snacks to big steaks.



About Nishihara /  
San-A Nishihara city is convenient.

Staff: Yamauchi



☎098-946-0252

Address: B1F 872 Onaga, Nishihara  
Hours: 5:30 p.m. - 12:00 p.m.  
Fri-Sun & the day before holidays/ 5:30 p.m. - 2:00 a.m.  
Closed: Wed  
Instagram: @hideoutbar\_goko



map

## おぼんざい袖 Obanzai Tsumugi

This small restaurant, started by the owner to make the dishes she loves, has been busy with regular customers ever since opening. The "Today's Obanzai Plate," made with lots of seasonal vegetables, is the most popular.



About Nishihara /  
Nishihara town is a place with many kind people.

Owner: Tano



☎098-945-8622

Address: 2-11-4 Uehara, Nishihara  
Hours: 6:00 p.m. - 11:00 p.m. (L.O 10:00 p.m.)  
Closed: Mon, Sun  
Instagram: @obanzai\_tsumugi



map

# Desserts & pastries in Nishihara

For dessert after a meal or a relaxing break, try the sweets and bread loved by people in Nishihara Town. They will surely make both your stomach and heart happy.



## アズールベーカリー Azure Bakery

Opened in 2018, this local bakery offers delicious bread at reasonable prices. You can find about 30 kinds of bread, mainly Danish, savory, and hard types.

☎098-988-6955

Address: 638-2 Gaja, Nishihara  
Hours: 11:00 a.m.- 6:00 p.m.  
Closed: Sun, Mon  
Instagram: @azure\_bakery



About  
Nishihara /

Its strong local pride is one of its charms.

Owner: Nakane

## パティスリーココロ Patisserie Cocolo

The award-winning pastry chef makes cakes and baked sweets with Japanese rice flour. The soft roll cake is gluten-free, lightly sweet, and easy on your stomach.

☎098-988-9105

Address: 2-23-3 Uehara, Nishihara  
Hours: 9:30 a.m.- 6:00 p.m. (until 5:00 p.m. on Sun & holidays)  
Closed: Thu  
Instagram: @patisserie\_cocolo

About  
Nishihara /



It's fun because you can go to the beach and visit historical sites.

Owner: Gibo



## パティスリー クプル Patisserie Couple

Most of the cakes are made with Japanese wheat, and the eggs come from Asagiri Plateau. The pudding named after Nishihara's mascot "Sawarin" is also popular.

☎098-963-9363

Address: 78-6 Kadekaru, Nishihara  
Hours: 10:00 a.m.- 7:00 p.m.  
Closed: No fixed day  
Instagram: @patisserie\_couple



About  
Nishihara /



Nishihara town is a nice place with many kind people.

Staff: Kimura



## パンとケーキの店ヘンゼル Henzel

About 50 kinds of breads, like rye, Danish, and savory ones, come in small sizes so you can try many. Their simple cakes are also popular.

☎098-944-5335

Address: 1-22-4 Uehara, Nishihara  
Hours: 7:30 a.m.- 7:00 p.m. (until sold out)  
Closed: Wed  
Instagram: @pantokekinodianhenzeru



About  
Nishihara /

It's a lively town because there's a university.

Owner: The Miyazatos

# Top-class production in Okinawa! Nishihara is the place for Okinawan Tofu!

Okinawan tofu is the soul food of Okinawa residents. Nishihara Town, which is rich in water, has top-class production of Okinawan tofu! Try Nishihara-born Okinawan tofu full of pride and love!



Tofu is an essential food on Okinawan tables. Okinawan tofu, made by slowly cooking soy milk with nigari, has the natural flavor of soybeans and a firm texture. It holds well in stir-fries like Champuru, simmered dishes, and soups, and has long been loved as Okinawa's soul food. Nishihara Town is known as the "town of Okinawan tofu," with many tofu makers and one of the highest production volumes in the prefecture. Recently, events like the "Tofu Festa," where people can taste and compare tofu from different makers, have made the town even more lively.



## Eat and compare the Okinawan tofu made in Nishihara!

Many tofu makers in Nishihara Town make special Okinawan tofu with their own style. When you try and compare them, you will be surprised by the different tastes and textures.

**[Where to buy]**  
You can find them at supermarkets in Okinawa and at the Nishihara Sawafuji Marche.



### Ikeda Foods

The third-generation Ikeda-ya sells homemade tofu in a mobile shop. They use Japanese soybeans and special salt to make big fresh **Okinawan tofu**. The taste is gentle, so even kids can eat it happily.



### Wakugawa Foods

Founded 65 years ago, this long-established tofu shop makes **Okinawan tofu** with skilled methods. The rich taste of soy milk is amazing at the first bite. No wonder many fans only eat tofu from here.



### Maesato

Maesato's **Okinawan tofu**, known from TV commercials, has a mild taste and is easy to eat. It is good for champuru, and the flavor is strong, so you can enjoy it by itself too.



### Tamashiro Tofu shop

Founded 50 years ago, this tofu shop keeps selling traditional **Achi-ko-ko tofu**. All **Okinawan tofu** is handmade and lightly salted, so it goes well with champuru, stews, and other dishes.



### Kanehide shoji

In 2022, **Kanehide** won the Okinawa Prefecture product award for their original **Okinawan tofu**. It is a little firm with a bouncy texture and does not break easily in cooking.

## Enjoy the Tofu menu

### CAFE SOYLAB

This cafe, run by tofu expert Mizudo Ran, serves healthy tofu dishes.

The "Today's One Plate Lunch" has **Okinawan tofu** hamburger, okara salad, and soy milk soup, all made with fresh Ikeda tofu.

There is a big kids' room, so families with small children can eat comfortably.



☎098-943-2230

Address: 86-1 Ikeda, Nishihara

Hours: Lunch: 11:30 a.m. – 3:30 p.m. (Last order 3:00 p.m.)

Morning (reservation required): 9:30 a.m. – 11:00 a.m.

Closed: Sundays Instagram @soylabo\_yuien



map

# New sightseeing spots in Nishihara

## Sawafuji Marche

Grow, make, eat, enjoy.  
All the charms of Nishihara Town are right here.



### 西原さわふじマルシェ Nishihara Sawafuji Marche

Sawafuji Marche is farmers' market where you can buy fresh local fruits and vegetables, and seafood. You can also enjoy Okinawan food and fun events with local people and tourists

☎098-945-7411

Address: 480 Kohatsu, Nishihara

Hours: 9:00 a.m. - 6:00 p.m.

Closed: No fixed days



map



### うんたま市場 Untama Market

A farmers' market in Nishihara and nearby areas always has fresh local fruits, vegetables, and specialties. You can also buy fish at Maruroku Suisan and quality meat at Uehara Meat, so it has everything—meat, fish, and vegetables.



Top souvenirs  
on p.28!



### 西原劇場 Nishihara Theater

This facility shows the history and culture of Nishihara, built on agriculture. It explores the town's charms in four themes—Yutaka (farming and culture), Musubi (connections in Nishihara), Meguri (tourism and attractions), and Tsutaeru (people's feelings)—and shares them with the next generation.



### ラ クンチーナ 西原さわふじマルシェ店 La Cuncina

Inside Untama Market, La Cuncina is a shop that makes fruit sandwiches. They wrap seasonal fruits like strawberries and popular shine muscat in fluffy cream. Perfect for souvenirs.



Enjoy Being Active in Nishihara Town

# MARINE PARK

It is a seaside park where children and adults can enjoy a variety of leisure activities such as beaches, barbecues, parks, and sports facilities.

Beach



Barbecue facilities with gazebos are available year-round. Food ingredients can also be reserved in advance.

Beach volleyball courts and beach soccer fields are available for anyone to use with advance reservations.



Various marine sports such as banana boats and water bikes can be enjoyed in the swimming season.



## クリード西原マリンパーク

Creed Nishihara Marine Park

This large beach stretches for approximately 550 meters, offering not only swimming but also marine leisure activities and barbecues. There are also parlors and shower rooms. Lifeguards are on duty throughout the swimming season, and jellyfish prevention nets are in place, ensuring safety.

☎098-944-5589

Address: 17 Aza Agarihigashi, Nishihara  
Office hours: 9:00 a.m. – 6:00 p.m. (office)  
Beach hours: 8:00 a.m. – 8:00 p.m.  
Closed: Open year-round  
Note: Temporarily closed during the New Year holidays (Dec. 31 – Jan. 3)



map



Park



map

イルカ公園 (東崎都市緑地)  
Dolphin Park (Agarizaki Green Space)

The park is marked by dolphin-shaped playground equipment. There is a large lawn park and plenty of playground equipment where you can spend a relaxing time. It is a long distance from north to south along the coastline, and is recommended for walking and jogging.



Address: 15-1 Agarizaki, Nishihara



map

東崎公園  
Agarizaki Park

It is a park with a softball field, a soccer field, and a basketball court. There is a promenade surrounding the park, and you can move your body to refresh yourself after work in the evening.



Address: 5-1 Agarizaki, Nishihara

# Spots to have fun in Nishihara

We've gathered all the best places to have fun in Nishihara, from parks with excellent views to cultural facilities and spots where you can enjoy sports.



運玉森展望台  
Untama Forest Lookout

Untama Forest Lookout is a small hill located on the border of Nishihara Town and Yonabaru Town, and if you go up to an altitude of 158m, you will see an observatory overlooking the Pacific Ocean and Shuri. There is a belief that a Robin Hood-type figure called *Untamagiru*, who is famous for Okinawan traditional performing arts, lived there, and as a symbol of the town, it is incorporated into the school songs of each elementary and junior high school in the town.



上原高台公園  
Uehara Highland Park

It is a park on a hill overlooking Nishihara near the Okinawa Prefectural Archaeological Center. It is a relaxing park that is also used by local parents and children, and large playground equipment such as thrilling slides are installed using slopes. In addition to playground equipment, there is also a lawn square and an observatory.



沖縄県立埋蔵文化財センター

Okinawa Prefectural Archaeological Center

Established in 2000, this institution plays a central role in the study, preservation, and promotion of Okinawa's cultural heritage, spanning the Shell Mound Period, the Gusuku Period, the Ryukyu Kingdom Period, and up to the present day. It aims to contribute to the advancement of education, academia, and culture through research, preservation, and exhibitions of buried cultural properties.

☎ 098-835-8751  
Address: 193-7 Uehara, Nishihara  
Hours: 9:00 a.m. – 5:00 p.m.  
Admission: Free  
Closed: Mondays



map



## Enjoy Relaxed Golf in Nishihara Town

沖縄カントリークラブ

Okinawa Country Club

A popular golf course with good access from Naha and a view overlooking the Pacific Ocean. It is a full-fledged golf course visited by more than 70,000 users a year, and major competitions in the prefecture are also held.



☎ 098-945-3371  
Address: 109 Tobaru, Nishihara  
Hours: 6:00 a.m. – 7:00 p.m.  
Closed: Open year-round



map

西原町民パークゴルフ場

Nishihara Citizens' Park Golf Course

A park golf course in Nishihara Sports Park. The course is only 9 holes with a total length of about 300 meters. It is a small golf course, so you can easily enjoy it even with children.



☎ 098-944-7324  
Address: 348-2 Goya, Nishihara  
Hours: 9:00 a.m. – 7:00 p.m.  
Closed: Tuesdays



map

西原グリーンセンター

Nishihara Green Center

The facility is the only 24-hour golf driving range in the prefecture and a short course where even beginners can easily play. There is also a gym, spa, and golf shop.



☎ 098-945-5456  
Address: 546 Uchima, Nishihara  
Hours: 7:00 a.m. – 9:45 p.m. (Short Course)



map

# Visiting historic sites in Nishihara

During the Ryukyu Kingdom era, Nishihara Town was a territory directly under the Shuri Royal Government. Why not explore the cultural heritage sites scattered throughout the town and discover the history of Nishihara?



## 内間御殿 Uchima Udun

National Historic Site



This site is a religious complex centered around a shrine built on the former residence of King Shō En (Kanamaru), the first monarch of the Second Shō Dynasty of the Ryukyu Kingdom. About 190 years after his death, the Ryukyu Kingdom developed the area as a sacred site. It consisted of two shrines — Agari Udun (Eastern Palace) and Iri Udun (Western Palace) — and each has been managed by caretakers known as Udun Mui. However, the buildings were destroyed during the Battle of Okinawa. In 2011, the site was designated as a National Cultural Property, and research and preservation efforts are ongoing today.



Address: 51-1 Kadekaru, Nishihara



The Sawa Fuji (Sagaribana), which is in front of the gate of the Uchima Palace, is one of the oldest trees in the prefecture, which is said to be more than 400 years old. In recent years, the cosmos field opposite the Uchima Palace has also been popular, and it is best seen around late January every year.

### What you should know! Uchima Udun

- 1 A historically significant shrine built on the former residence site of King Shō En, the founder of the Second Shō Dynasty of the Ryukyu Kingdom, before he ascended the throne.
- 2 The Uchima Udun, which was destroyed in the war, was lovingly rebuilt by local residents and has long been cherished by the community.
- 3 The site is filled with traces of history, including remains that survived the Battle of Okinawa and a giant sagaribana tree said to be over 400 years old.
- 4 The Agari Udun (Eastern Shrine), located on the southern side of the site, is scheduled for completion in fiscal year 2032.



## 棚原ノ口殿内 Tanabaru Noro Dunchi



This sacred site is mentioned in 18th-century records as a place where local religious rituals were performed. Inside the worship hall stands an altar dedicated to the deity Miruku (Maitreya). In front of the hall are a well, used for ritual purification, and a large natural stone said to have been used by a noro (priestess) as a stepping stone when mounting her horse.

Address: 141 Tanabaru, Nishihara



## 棚原旧宮里家屋敷跡／ウーフール Site of Former Miyazato Family Residence / Uwafuru



On the site where the foundation of the residence forest centered on Fukugi and the residence site remains, there is also a pigshed "Uwafuru" that doubles as a toilet.

Address: Tanabaru, Nishihara

## ペリー探検隊野営地 Perry Expedition Camp Site



The expedition sent by Admiral Perry to camp behind the Kobashigawa Community Center is described in the sketch of William Heine, an accompanying painter.

Address: Kobashigawa, Nishihara



## 西原の塔／旧西原村役場壕 Nishihara War Memorial / Former Nishihara Village Office Shelter



In the tower of Nishihara, there are more than 7,000 pillars of villagers who died in the war from Nishihara Village (now Nishihara Town). The former Nishihara Village Town Hall cave, dug in 1944 to store important government documents, is also open for viewing.

Address: Onaga, Nishihara

## 製糖記念小公園 Sugar Manufacturing Memorial Mini Park



Established in 2011 as part of Shinchu Sugar Industry Co., Ltd.'s 50th anniversary commemorative project, this facility preserves the historical legacy of sugar production left behind in Nishihara Town and serves as a place to wish for the future development of sugar production.

Address: 117 Kadekaru, Nishihara

Let's visit sites connected to Nishihara's musical heritage!

### Monuments of Songs in Nishihara

The Ryukyuan folk song "Ume no Kaori" ("Scent of Plum Blossoms") was released in 1939 by musician Yoshinori Arakawa, who was born in Nishihara. Another song, "Getto," was written and composed in 1982 by Yutaka Umisedo. Known as a song that prays for peace, it has long been loved by people both inside and outside Okinawa.



Monument of "Getto"



Monument of "The Scent of Plum Blossoms"



## Gourmet & Sweets Course

Enjoy Nishihara's best tastes and treats in half a day!

Model Plan 1

11:00

運玉森展望台  
Untama Forest Lookout

Climb the observation deck while taking a walk and overlook Nishihara Town. You can enjoy the beautiful scenery while feeling the wind. (Untama Forest Lookout: p. 18)



Top Okinawa Soba Spot in Nishihara!

12:00

ちよーでーぐあ  
Chodegwa

If you get hungry after taking a walk, enjoy hot Okinawa soba at the popular restaurant Chodegwa. (Chodegwa: p. 2)

13:00

西原さわふじマルシェ  
Nishihara Sawafuji Marche

When you are full, go shopping at Sawafuji Marche. You can find a lot of souvenirs. (Nishihara Sawafuji Marche: p. 14)



14:00

プラスガーデンカフェ  
Plus Garden Cafe

Relax at a lush cafe run by the owner of a houseplant store. Please try the shell ginger chiffon cake. (Plus Garden Café: p. 7)



Enjoy all the highlights of Nishihara in half a day!

# MODEL COURSE

We have set up two model courses to take a leisurely tour of Nishihara Town. Which course are you interested in?

Model Plan 2

## Active Nishihara Adventure

Perfect for sunny days! Fun for kids and adults alike.



11:00

西原町民パークゴルフ場  
Nishihara Citizens' Park Golf Course

Let's feel nature with park golf, which can be enjoyed by everyone from children to the elderly. (Nishihara Citizens' Park Golf Course: p. 19)



12:00

食堂やまびこ  
Yamabiko Restaurant

Lunch at the restaurant "Yamabiko" with a long history in Nishihara Town! (Yamabiko Restaurant: p. 4)



13:00

イルカ公園  
Dolphin Park

Very popular with children! Let's play full of energy with the large playground equipment in the dolphin park! (Dolphin Park: p. 17)



14:00

西原マリンパーク  
Nishihara Marine Park

Enjoy the beautiful sea at the Marine Park! You can also experience a variety of activities! (Nishihara Marine Park: p. 16)



10:00

月桃の歌碑

"Getto" monument to victims of war

A song monument engraved with the lyrics of "Getto", which was made as a song to mourn the victims of the Battle of Okinawa and pray for peace. ("Getto" monument to victims of war: p. 21)

Model Plan 1

Learn Peace & History in Nishihara Town

Experience local war sites and history up close.

10:30

西原の塔・旧西原村役場壕

Nishihara War Memorial Former Nishihara Village Office Shelter

During the Pacific War, the "Old Nishihara Village Hall," which was dug to store important documents, and the "Tower of Nishihara," which mourns many war dead, teach us the importance of peace. (Nishihara War Memorial/Former Nishihara Village Office Shelter: p. 21)

11:00

小波津弾痕の残る石塀 九六式一五糎榴弾砲

Stone wall in Kohatsu with bullet marks Type 96 15 cm howitzer

You can learn about the misery of the war, such as the vivid bullet marks that are still left on the outer walls of the private house and the howitzers used by the former Japanese army.

13:00

「梅の香り」歌碑

Monument to "The Scent of Plum Blossoms"

Would you like to explore the town's history throughout the town with the memorial monument erected to praise the achievements of Toku Shinkawa from Nishihara Town and the song monument of "The Scent of Plum Blossoms"? (Monument to "The Scent of Plum Blossoms": p. 21)

13:15

製糖記念小公園

Sugar Manufacturing Memorial Mini Park

Nishihara Town has historically been deeply connected to sugar production. A corner of the former sugar factory site is a park where you can learn history. (Sugar Manufacturing Memorial Mini Park: p. 21)

Learn the history of Nishihara

HISTORY

COURSE

A historical walking tour in Nishihara Town where you can experience the history and culture of Okinawa and Nishihara. Which course would you like to explore?

Model Plan 2

Discover Sites Linked to King Shō En

Explore Nishihara's royal history with local guides.

10:00

内間御殿

Uchima Udun

The site where Kanamaru (later King Shō En) is believed to have lived before ascending the throne. About 190 years after his death, the Ryukyu Kingdom developed this area into a state sanctuary, building a temple and sacred space. Even today, it remains an important place of prayer. (Uchima Udun: p. 20)

Nishibaru History Association

※Please request a guide at least 2 weeks before the tour date. (there is a charge for the guide)



☎098-944-4998

Secretariat: Cultural Property Section, Cultural Affairs Division, Nishihara Town Board of Education (weekday inquiries only)

10:35

ウフンミウタキ

Ufunmi Utaki

This *utaki* is a small hill located along National Route 329. It is said that the inauguration ceremony of priestesses used to be held here.

10:45

ナコーモー

Nakomo

The area around the shrine along Uchima's National Route 329 was once a hill called Nakomo. In the local area, there is a legend that it was the meeting place between Kanamaru and Uchima Noro.

10:50

カヤブチ御殿

Kayabuchi Palace (Kayabuchi Udun)

This is a worship hall located at the birthplace of the Uchima settlement. Since the building used to be thatched, it came to be called the Kayabuchi Palace. In the local area, there is a legend that Kanamaru stayed here for a while on the way up to Shuri and spent time with Noro Uchima.



歴史・平和を  
町民と継承。

# 西原町の祭り &

Passing down history and peace with local residents. Festivals &

# 伝統芸能

traditional performing arts in Nishihara



## Traditional performing arts (伝統芸能)

In Nishihara Town, there are many traditional performing arts that have been passed down for a long time. These arts are an important part of people's daily lives. They tell us about the town's history and culture, and many people find them fascinating.



### Tug of war (綱引き)

This traditional tug of war is a sacred Okinawan ritual held to pray for a good harvest and good health.

Each village has its own style, but most events take place in the 6th month of the lunar calendar.

It's one of the biggest annual events, bringing the community together with strong spirit and tradition.

### Hatagashira (旗頭)

The *hatagashira* is an essential part of the tug of war, known for its bold and powerful presence.

Each banner is beautifully decorated to reflect the history and culture of its local area.

During the Nishihara Festival, *hatagashira* from all over town come together for a thrilling group performance called "Gaa-ee", a dramatic show of strength and unity.



## Nishihara Festival (西原まつり)

The festival is held twice a year to celebrate Okinawan culture and promote regional revitalization. Enjoy performances by the world-champion Nishihara High School Marching Band, energetic Eisa dancing, and live shows by special guest artists. The highlight is a dramatic reenactment of Ryukyuan history themed on King Sho En, led by the Nishihara Town Cultural Association. At night, synchronized flag dancing and fireworks light up the sky, creating a festive and unforgettable atmosphere.



### Bo-jutsu (棒術)

*Bo-jutsu* is a traditional Okinawan martial art using long sticks. It began during the Ryukyu Kingdom era, practiced by officials and warriors, and later spread to the general public. The main weapons include the six-foot staff (*rokushaku-bō*) and three-foot staff (*sanshaku-bō*), as well as traditional arms like the spear, *naginata*, *sai*, oar, shield, and more, all part of Okinawan *kobudō* (traditional Okinawan martial arts).



### Shishimai (獅子舞)

This traditional performing art is offered during festivals such as the Obon and Hōnensai (Harvest Festival) in Nishihara Town. A performer known as the "Wakuya" manipulates the lion and performs unique movements—playing with a stick, and playing with balls. It's performed to ward off evil spirits and to pray for a good harvest and the prosperity of the local community.





**Sanshio**  
**Large Rice Crackers (salt & plum flavors)**  
 Sanshio has been making Okinawa's classic snack, *Shio Senbei*, for over 25 years. The simple salty taste and the addictive plum flavor make them a great choice for souvenirs.

**Mitukura Okinawa Total Foods**  
**Okinawa Soba (semi-prepared), 2-serving pack**  
 Enjoy authentic Okinawa soba at home with these semi-prepared noodles. The soup features a light pork bone base enhanced with savory bonito broth.



**HanaFuku**  
**Kunpen Andagi**  
**(6 pcs or 2 pcs)**  
 Bite-sized *andagi* filled with sweet *kunpen* paste. Crispy on the outside and rich in flavor – a delicious Okinawan treat!



**Squalane Honpo**  
**Vegetable Enzyme Jelly**  
 These vegetable enzyme jelly sticks are full of goodness and easy to enjoy on the go. Awarded the 2018 Okinawa Fu~ Grand Prix Encouragement Award. Choose from a 15-stick value pack or a 7-stick trial pack!

**Squalane Honpo**  
**Shark Jerky**  
**(chili pepper, soy sauce, black pepper flavors)**

Awarded as an Outstanding Okinawan Product in 2023 and 2024, this rare deep-sea shark jerky from Okinawa's waters stands out with its striking packaging and addictive, savory taste!



**Squalane Honpo**  
**Deep Sea Shark Liver Oil Squalene**

Made from 100% Okinawan deep-sea shark liver oil, this natural supplement brings the ocean's goodness to your daily routine. Take two capsules a day for a vibrant, healthy life!



**Sango-yaki from**  
**Sango-yaki Kobo**

Born in Nishihara Town, *Sango-yaki* is inspired by the sea and coral. Its translucent colors and flowing shapes make every dining table feel bright and cheerful.



**NS²BP**  
**All-Purpose Sauce!**  
**Made from sugarcane!!**  
 Made from local sugarcane, this all-purpose sauce was created by local high school students to share the taste of Nishihara and bring new life to the community. Great for marinades or as a secret touch! Available at Nishihara Theater.



# Nishihara Town Souvenir Collection

Nishihara Sawafuji Marche, the new landmark of Nishihara Town, is filled with local charm and flavor. Here, you can find a variety of wonderful souvenirs that capture the spirit of Nishihara!



**Nishihara Gekijo**  
**Sawarin Plush Toy (Large)**  
**Keychains & Stickers**  
 Nishihara Town's tourism character "*Sawarin*" is now available as fun merchandise! Take one home as a cute memory of your visit to Nishihara!

**Agarie Mochi**  
**Umugamuchi**  
 A colorful rice cake originally from Ie Island. The rich flavors of purple yam and sweet potato blend perfectly with the gentle sweetness of mung bean paste and the fragrant aroma of *getto* (shell ginger).



**Honzen Moringa**  
**Tea & Moringa Powder**  
 Moringa is a superfood known for its amazing health benefits and over 90 nutrients. Popular items include refreshing Moringa tea and *Moringa Aojiru RESCUE*, both loved by visitors and locals alike!

**Marche Okinawa**  
**Salted Shrimp Crackers**  
 Made with Okinawan salt, these shrimp crackers are crispy, crunchy, and full of natural flavor – a perfect snack to try!



**Marche Okinawa**  
**Red Potato Chips**  
 Enjoy crispy purple sweet potato chips with a rich, sweet flavor. The more you chew, the more deliciously addictive they become!



**Morinaga Milk Industry  
Morinaga Yogo**  
The soul drink of Okinawa! Loved for over 60 years, its classic taste remains unchanged. Available in both large and trial size.  
Keep refrigerated (below 10°C)



**Amuro Poultry Farm  
Sata Andagi (white sugar & brown sugar)**  
These *sata andagi* (Okinawan doughnuts) are so popular they sell out every day! Made with fresh eggs straight from the farm, they have a simple, homemade sweetness that everyone loves.



**Yachimun Studio Yonamine  
Serving Platters & Tiny Plates**  
Discover beautiful *yachimun* (Okinawan pottery) made with the rare "line engraving" technique. The studio and gallery are filled with unique handmade works.



**Rich Green  
Getto Beauty Tea**

Enjoy the natural beauty of your body from the inside with this fragrant tea made from organically grown *getto* (shell ginger) seeds. Perfect for a relaxing tea time or before bed.



**Rich Green  
Getto Aroma Mist**  
Convenient and easy to carry, this *getto* (shell ginger) spray offers excellent deodorizing, antibacterial, and sanitizing effects. Perfect for use at home, on clothes, or in your car.

Did you know that this Okinawan favorite was actually born in Nishihara?

## Nishihara's Best Local Products

We've gathered both popular and unique items from local companies, artists, and shops that represent Nishihara Town. You're sure to find a new favorite here!

**Okiko  
Zebra Bread**

A local favorite for over 40 years! This long-selling Okinawan bread was actually born in Nishihara. Its nostalgic flavor has remained the same through the years.



**Okiko  
Uzumaki Bread**  
Fluffy bread with a sweet, crunchy cream filling – one bite and you can't help but smile!

**Okiko  
Super Black Melon Bread**

A student favorite! This big, fluffy *melon pan* is filled with sweet, crunchy sugar margarine for a satisfying treat.



**Saien  
Maasan's Kimchi: Okinawan Chili Flavor  
Maasan's Kimchi: Gochujang Flavor**

A rich, authentic kimchi featuring the spiciness of Okinawan island chili peppers and the savory flavor of *gochujang*. Look for the cute "Sawarin" character on the package!



**Ishikawa Brewery  
Ryukyu Moromi Vinegar**

A refreshing drink with citric acid and essential amino acids, first created by Ishikawa Shuzo in 1973. Still loved in Okinawa today!

**Navy Strength Craft Gin**  
A fruity and spicy craft gin made with nine Okinawan botanicals, including *karaki* (Okinawan cinnamon) and *kabuchi* (a local citrus).

**Ryukyu Awamori Gyokuyu  
5-year-old Jar-Brewed Sake**  
This *awamori* is crafted with the traditional *kame-jikomi* (pot fermentation) method, giving it a deep, rich flavor that's truly one-of-a-kind.

Check out  
Nishihara Town's  
Furusato Tax!

Take a look at Nishihara Town's Furusato Tax Program! From local specialties to Okinawan foods and drinks, there's a great variety to choose from.



Check it out here!

# Nishihara Map



## Nishihara Town Tourism Character



### Sawarin

Sawarin has a green body to show Nishihara Town's lush nature, with the town's flowers – *sawafuji* and *Bougainvillea* – on its head. This charming fairy was inspired by the *sawafuji* at the nationally designated historic site *Uchi-ma-udun* and speaks cutely with “~rin ♪” at the end of its words.

Follow Sawarin on Instagram!!





It's Nishihara Town's official SNS, rin ♪



Nishihara  
Tourism  
Instagram



Nishihara Town  
YouTube



Sawarin  
Instagram



Nishihara  
Town X



Published by :

Nishihara Town Office, Industry and Tourism Division  
140-1 Yonashiro, Nishihara Town, Nakagami-gun,  
Okinawa 903-0220  
Tel: 098-945-4540  
[www.town.nishihara.okinawa.jp](http://www.town.nishihara.okinawa.jp)



Translated by :

Okinawa Christian University Students  
(graduation project)  
777 Onaga, Nishihara, Nakagami District,  
Okinawa 903-0207  
<https://www.ocjc.ac.jp>

